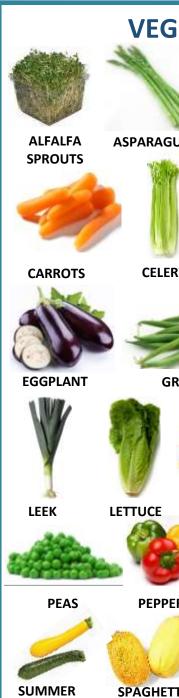
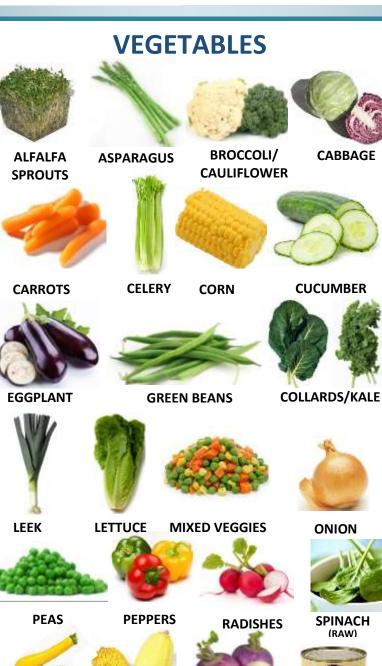


## Low Potassium Foods

## **FRUITS APPLESAUCE BERRIES CHERRIES CRAISINS CRANBERRIES** JUICE **GRAPES FIGS** (NOT ORANGE) **LEMONS/LIMES PINEAPPLE PEARS PLUMS**







## **OTHERS**







**ALMOND MILK** 

COFFEE

**ICED TEA** 







HONEY

**PASTA SALAD** 

**PESTO** 







**POPCORN** 

RICE

**COLESLAW** 







NEPRO, ENSURE CLEAR, BOOST GLUCOSE, SUPLENA

Portion size is 1/2 c fresh, canned, or cooked; 1/4 c dried, and 1/2 c. juice.

**SQUASH** 

**SPAGHETTI** 

**SQUASH** 





**CHESTNUTS**